

“Out of Control!- or Not” Handout

What are some things that you usually do NOT have control over?

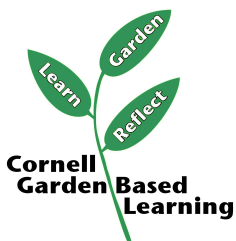
What are some things that you CAN control?

Things I cannot control are:

Things I can control are:



Draw a picture of yourself here



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