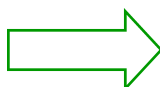


Art Materials to Avoid

Safer Alternatives

Adhesives

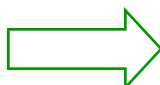
- rubber cement
- epoxy
- super glue
- model glues
- spray adhesives
- contact cement



- glue stick
- paste
- white glue
- adhesive tape
- homemade papier-mâché

Paints & Dyes

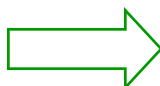
- spray paint
- nail polish
- And associated chemicals such as paint thinner, nail polish remover
- Powdered tempera



- water-based paints applied with a brush
- non-toxic children's paints
- cellophane or colored paper

Photography

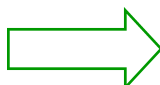
- photographic chemicals



- digital camera

Markers

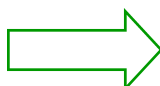
- permanent markers
- white board markers



- odorless, water-based markers
- crayons

Papier-Mâché & Clay

- instant papier-mâché
- clay



- homemade papier-mâché (from flour, water, and newspaper)
- pre-mixed talc-free clay or homemade salt clay

The safer alternatives are listed primarily on the basis of limiting children's exposure to harmful chemicals. Unfortunately, many of these products may still have a negative impact on the natural environment and so we encourage thoughtful use of items from this column as well.