



## A Snack's Journey

Write or draw your snack's journey through the food system by identifying the possible activities involved in each part of the system. For example, peeling a banana would be a part of eating while cutting it from its stalk would be part of the growing stage. For each stage, think about who is involved, what the inputs are, and if there is any waste.

**Snack:** \_\_\_\_\_

Growing

Processing

Distributing

Accessing

Eating

Disposing